

**Tools For Families Building Godly Legacies** 

# Being A Pastor In Today's Highly Sexualized Culture

For Pastors, Priests, Elders and Deacons

by Dr. John Splinter

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# Introduction

All pastors are familiar with the Apostle Paul's depiction in Romans 1:18-32, of a culture in free fall, heading toward debauchery and destruction. Most pastors have either preached on that text, or at least included it in sermons or homilies.

Most pastors, also, are keenly aware that our culture is reflecting the same patterns in the 21<sup>st</sup> Century as Paul observed in First Century Rome. We are plunging headlong into a sexual cesspool that reflects our tolerance of immorality, our theological confusion as reflected in Post-Modern philosophy, and our own personal tendencies to harbor "secret sin."

Yet most pastors are hesitant to speak openly and forthrightly about these issues. None of us had seminary classes that taught us how to organize our churches to combat massive sexual debauchery in our communities. Many of us don't even believe such activity is part of the calling of a church, and those who do believe it is, often find themselves fearful of taking even the first steps.

Few of us have actually written or led Bible studies dealing with sexual world view issues. Even fewer of us have preached sermons about biblical sexuality. Who wants to open *that* door? Who knows *what* may come through the door if opened.

What about the children in the pew if a pastor did preach openly about sex? And what about elderly Maude and Claude whose hearing aids don't work very well as they "whisper" to each other in the front row, "We never had to talk about all that 'sex stuff' in *our* generation."

Then, there's the issue of personal struggle. How can a pastor lead people out of a land of slavery in which the pastor is still chained? Many of our brother pastors are indeed enslaved, just as the Apostle Paul wrote about in Romans chapter six. And many have virtually no place to go for help without risking their career and calling.

Furthermore, most churches have long been loath to honestly address genuine sexual issues. Would people think "the pastor has a problem" if he or she started preaching sermons about biblical sexuality? Is it even appropriate to speak in church about "certain issues?"

And so it is that the Enemy of God keeps the Body of Christ tied up with chains of secrecy and hidden lives of sexual struggle. It is a courageous pastor who steps up to these chains with the bolt cutter of scripture and the acetylene torch of the Holy Spirit.

This book is written for pastors and church leaders. The **Family Legacy Institute** exists to help you help your flock understand and establish a biblical sexual world view. If churches don't step up to this issue in our culture, nobody's going to.

We want to help you minister to your church, by helping you help your flock understand the Father's plan ~ helping you establish a biblical sexual world view. If you need us for any reason, we're just a phone call away.

I, the author of this material, am one of "us," having been a pastor for 35 years, and am here to serve you. I well understand the precarious paths and careful insulation (isolation) of being a pastor. We pastors may be well in touch with our flocks, but when we have serious issues, to whom can we turn without risking career and calling? And how may we minister to our flocks regarding sexual issues without both we and our flocks becoming muddied by the very conversation?

We pastors live with these tensions, and yet recognize that in spite of our limitations our flocks are being torn and eviscerated by sexual issues ~ and that pulls at our pastoral hearts. So this article, and the collective efforts and resources of the **Family Legacy Institute**, are at your service. May the Lord guide and bless you in your efforts at serving Him by tending His flock.

And however we may be of service to you, we're a phone call or an e-mail away.

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# The Tip Of The Ice Berg: Christians and Pornography

A Short Internet Literature Review

Solomon said, *Be sure you know the condition of your flocks, give careful attention to your herds* (*Pr.* 27:23 ~ *NIV*). Any pastor in the United States today who is unaware of the devastating impact of pornography in his church, is out of touch with is flock. The following research focuses upon Christians and pornography. Some of it focuses upon pastors and pornography. Church leaders must either rise and use the spiritual tools of the church to protect its families and root out this monster, or lose their lampstand.

# **Some Realities Of The Battle**

Here are a few statistics to help paint a quantifiable picture of the battle facing the church in the 21<sup>st</sup> Century. Each of the following stats is a product of research ~ they are not pastoral hyperbole or opinion. They are the facts, realities of today's culture. Research information specifically pertaining to Christians and pastors will be presented later in this document. We'll start with a general snapshot of our culture.

- Adolescents today receive approximately 14,000 sexualized messages each year
- 26% of girls 11 19 in America have at least one STD; most don't know they're carriers
- 20% of gay/bisexual males in America carry HIV/AIDS
- 25% of adults in the USA now have Herpes, and that percentage is rapidly rising
- Today there are 25 30 different STDs, some of which are incurable, some fatal
- Half of all STD infections occur in people under 25 years of age
- American kids today are the world's most sexually active kids, topping French, Swedish & Italian kids in a) pregnancies; b) abortions; c) STDs; d) self-reporting of frequencies
- 100,000 children ages 9 19 are held captive for use in sexual slavery in the U.S.A.
- The porn industry now earns \$12-14 billion per year (more than combined revenues of ABC, NBC, and CBS. Or, more than combined revenues of NFL, NBA, and MLB).
- The porn industry targets kids ages 7 11, to create lifetime addicted users
- Porn has been found to be more addictive and harder to break than addiction to cocaine
- The average child today first sees porn at age 11 (one study found it to be 8)
- 10 years ago there were an estimated 17 million porn pages on the net; today, 420 million
- 20% of Internet porn is child porn
- 80% of primetime TV in America deals with overtly sexual themes
- Today's kids believe that oral sex does not count as being sexually active
- 78% of new cases of genital herpes are caused by a virus found chiefly in the *mouths* of 16-21 year olds
- 55% of teens ages 13-19 have engaged in oral sex
- 25% of girls and 30% of boys have sex by age 15
- 21% of 9<sup>th</sup> graders have slept with four or more partners
- 50% of 17-year-olds have had sex

- 80% of teens have sex by age 19
- 40% of American children today are born out of wedlock

# The Man or Woman In The Pew

Many churches would like to believe that they are the exception in this cultural cesspool ~ that their people are somehow more pure, less likely to be involved in sexual sin. However, research on church-folk belies that assumption. It would appear that there's very little difference between those in the pew versus those outside the church's walls, when it comes to sexual sin. Here are a few research pieces.

**Source:** Crosswalk.com, undated Internet article, by Mike Genung ~ *How Many Porn Addicts are in Your Church?* 

"50 percent of men viewed pornography within one week of attending a Promise Keepers stadium event... 54 percent of pastors said they viewed porn within the past year in a Pastors.com survey... in a 2003 Focus on the Family poll 47 percent of respondents said porn is a problem in their home.

"Wanting to prove the numbers wrong, in the spring of 2004 I approached the leadership of our church and asked if we could survey the men on the topic of pornography. *Our numbers will be different; "half" can't be true here,* I thought. Of those who responded, 25 percent had looked at porn within the past 30 days, 44 percent within six months, and 61 percent within the year. The real statistic is probably higher; I heard later that a number of men didn't fill out the survey "because they were afraid of how it would be used." <a href="http://www.crosswalk.com/1336107/">http://www.crosswalk.com/1336107/</a>

**Source:** Worldmag.com, April 23, 2005 ~ *Porn again: XXX masters of duplicity preach purity in the pulpit while hiding prurient practices at the computer screen*, by Mark Bergin. "A 2003 survey from Internet Filter Review reported that 47 percent of Christians admit pornography is a major problem in their homes.

**Source:** Blazing Grace, undated Internet article: *Statistics and information on pornography in the USA*.

"March 20, 2007: At a men's summit in Oregon before 2,000 men, Shelley Lubben of Shelley Lubben ministries challenged those who were struggling with porn addiction to stand. 30% rose to their feet. She immediately challenged them a second time, with the result that some 70% were standing.

"March, 2007: At a small Christian conference in Austria, 75% of the 25 men in attendance admitted to being involved with porn; 50% within the past 6 months.

"April 6, 2007: 70% of Christians admitted to struggling with porn in their daily lives. From a non-scientific poll taken by XXXChurch, as reported by CNN.

"August 7, 2006: 50% of all Christian men and 20% of all Christian women are addicted to pornography. 60% of the women who answered the survey admitted to having significant struggles with lust; 40% admitted to being involved in sexual sin in the past year; and 20% of the church-going female participants struggle with looking at pornography on an ongoing basis. From the results of a ChristiaNet poll reported by Marketwire.com

"34 percent of female readers of *Today's Christian Woman's* online newsletter admitted to intentionally accessing Internet porn in a recent poll." <a href="http://blazinggrace.org/cms/bg/pornstats">http://blazinggrace.org/cms/bg/pornstats</a>

"87% of university students are having sex over webcams, instant messenger or the telephone. *Reuters, Ontario Canada, February 16, 2006*, as reported by www.blazinggrace.org

"17% of all women struggle with porn addiction; 1 of 3 visitors to all adult websites are women."

Internet Filter Review, as reported by www.blazinggrace.org

**Source:** "In his book 'The Sexual Man', Dr. Archibald Hart revealed the results of a survey of some 600 Christian men, on the topic of masturbation:

61% of married Christian men masturbate

82% of these have self-sex on an average of once a week

10% have sex with self 5-10 times per month

6% more than 15 times per month

1% more than 20 times a month

**Source:** Barna Research Group, 3 Nov., 2003, "*Morality Continues to Decay*." Barna research found that 59 percent of adults believe it is 'morally acceptable' to have sexual thoughts or fantasies.

38 percent of adults believe there is nothing wrong with pornography use ~ *Morality Continues to Decay*. Barna Research Group, 3 November, 2003.

**Source:** CNN report, April 6, 2007, quoting a non-scientific report from XXXChurch ~ 70% of Christians admitted to struggling with porn in their daily lives.

**Source:** *ChristiaNet* poll reported by Marketwire.com, Aug. 7, 2006. 50% of all Christian men and 20% of all Christian women are addicted to pornography. 60% of the women who answered the survey admitted to having significant struggles with lust; 40% admitted to being involved in sexual sin in the past year; and 20% of the church-going female participants struggle with looking at pornography on an ongoing basis. From the results of a In a survey of over 500 Christian men at a men's retreat, over 90% admitted that they were feeling disconnected from God because lust, porn, or fantasy had gained a foothold in their lives. *As reported in an article on Pastors.com by Kenny Luck.* 

# The Teen In The Pew

Teens have always been the ones to "push the envelope" in areas of sexual experimentation. In some ways it's natural, as heady batches of neurochemicals and hormones (dopamine, oxytocin, vasopressin, testosterone, progesterone/estrogen, epinephrine, norepinephrine) are pumped into the adolescent's blood stream.

However, today things are different. It's not like it was in grandma's day. Today kids are dying in large numbers from sexually related things such as STDs, social-website-induced kidnap, molestation, rape and murder, and sexually induced teen depression and suicide. Here are two studies regarding today's teen scene.

"Teenagers who identify as "evangelical" or "born again" are highly likely to sound like the girl at the bar; 80 percent think sex should be saved for marriage. But thinking is not the same as doing. Evangelical teens are actually more likely to have lost their virginity than either mainline Protestants or Catholics. They tend to lose their virginity at a slightly younger age - 16.3, compared with 16.7 for the other two faiths. And they are much more likely to have had three or more sexual partners by age 17."

**Source:** <u>http://www.slate.com/id/2167293?nav=ais</u>

"As a subset of America's youth, Christian teens are part of some alarming trends. According to the National Longitudinal Study of Adolescent Health, which measures the responses of nearly 21,000 teens, males and females in the seventh through twelfth grades report having had intercourse just about equally: 39.9 percent of boys, 37.3 percent of girls. And while a study by the Henry J. Kaiser Foundation notes a solid 25 percent decrease in the teen birthrate between 1991 and 2001, 20 percent of sexually active girls ages 15 to 19 still get pregnant each year, and the rise in incidence of sexually transmitted diseases (STDS) among this age group indicates that teen sex is a problem that continues to vex society and the church."

**Source:** http://www.christianity.com/Christian%20Living/Features/11622481/page2/

# **Pastors Are Not Immune**

Everyone would like to believe that pastors, elders, deacons, and other church leaders are immune to the tsunami of sex that's flooding our culture. Yet anyone with military training understands the wisdom of taking out an enemy's command and control structure. So it is that Satan is very active, perhaps even especially, among our spiritual leaders

**Source:** Christian Century Magazine, Sept. 4, 2007 ~ "Addictive behavior Pastors and pornography," by Amy Frykholm.

"According to many Christian groups, pornography is a disturbing and increasing problem. A Promise Keepers survey found that 53 percent of its members consume pornography. A 2000 *Christianity Today* survey found that 37 percent of pastors said pornography is a "current struggle" of theirs. Fifty-seven percent called pornography the most sexually damaging issue for their congregations. A Barna Research Group study

released in February 2007 said that 35 percent of men and 17 percent of women reported having used pornography in the past month."

http://www.christiancentury.org/article.lasso?id=3629

**Source:** Men's Secret Wars, by Patrick Means (Baker Books, 2006).

Author Patrick Means reveals a confidential survey of evangelical pastors and church lay leaders. Sixty-four percent of these Christian leaders confirm that they are struggling with sexual addiction or sexual compulsion including, but not limited to use of pornography, compulsive masturbation, or other secret sexual activity.

**Source:** Christian Science Monitor, August 25, 2005 ~ "Churches confront an 'elephant in the pews, " by Jane Lampman.

Quoting H. B. London, of Focus on the Family, it is estimated that 20% of pastors have a pornography issue. http://www.csmonitor.com/2005/0825/p14s01-lire.html

**Source:** Christianity Today Library.com, January 1, 2001 ~ "The Leadership survey on Pastors and Internet Pornography."

Four in ten pastors online have visited a pornographic Web site. And more than onethird have done so in the past year. http://ctlibrary.com/le/2001/winter/12.89.html

Source: Rick Warren, Saddleback Church

An internet survey conducted by Rick Warren of Saddleback Church in 2002 found 30 percent of 6,000 pastors had viewed internet porn in the last 30 days. http://www.worldmag.com/articles/10555

# **Research Regarding What People Want From Their Pastors**

Obviously the need is very real and present. Our culture is in moral free-fall. Yet most churches are standing on the sideline, doing nothing. For any church to fail to provide biblical answers, substantive help to parishioners, and community leadership on this issue is akin to that church losing its relevance to the real issues of today.

There is limited current research regarding what people want from their pastors. However, in March 2005 Christianity Today published the results of a study called "Christians and Sex" in Leadership Journal. Six-hundred-eighty (680) pastors and one-thousand-nine-hundred-seventytwo (1.972) laypersons were surveyed. This large a research pool would be likely to provide reliable research information. The following results were obtained in this research project:

- 44% of churchgoers want to hear more scriptural teaching from their pastors on the subject of sex.
- By contrast, only 22% of pastors feel they should spend more time on the topic.
- 85% of pastors say they speak about sexual issues once a year, while 63% of churchgoers say their pastors do so. Among those churchgoers who say they want their pastors to

preach more about sexual issues, 47% say their pastor speaks about it once a year, an even bigger difference of opinion. (One) analyst was quoted saying "Perhaps this desire for more biblical exposition on sexual issues exists because pastors are not speaking forcefully or clearly enough, while exposure to sexual images and messages in today's media is ever more heightened."

- 57% of pastors say that addiction to pornography is the most sexually damaging issue to their congregation.
- Almost 9 in 10 pastors reported counseling a layperson on sexual issues once a year or more.

Furthermore, *anyone* in ministry these days is aware of the approximately 70% of adults who cohabit prior to marriage. *Anyone* in ministry is aware of the staggering presence and destructive effect of pornography. *Anyone* in ministry is aware of the rise of the aggressive homosexual agenda. *Anyone* in ministry today is aware of the enormous rate of children born in this culture to single parents. We don't need further research to validate the moral/sexual crisis in our nation. What is needed today is strong pastoral and church leadership.

On following pages you will be given a simple, add-water-and-stir approach to implementing a biblical world-view regarding sexual issues, in your church. Naturally, before doing this you'll want to spend some time in prayer. But the prayer issue is not whether-or-not to implement biblical teaching regarding sexual issues; the prayer issue is how God may use you as a pastor to communicate His will and His ways to His people, and in your community, using you as His vessel.

# Implementing Biblical Sexual World View Education In Your Church

Historically, 98% of churches never take on the task of teaching a biblical sexual world view. However, there has never been a time in our culture in which church and pastoral leadership has been so desperately needed in regard to sexual issues. Here are some recommendations for your church, as you begin to provide godly leadership both inside and outside the four walls, pertaining to teaching a biblical sexual world view.

# First Year

# **First Quarter**

1) <u>Get a couple of Elders involved.</u> Each denomination is structured differently. Not all denominations have Elders. Some have Deacons. Others have a Council. However your church is structured, it will be of real help to you, to ask your top leaders if anyone is willing to help you provide godly solutions for your flock, regarding the issues of sexual purity.

As these people work with you, both you and they will become increasingly knowledgeable and capable in planning and providing helpful ministries in your church. They will be your intermediaries with other lay people, and your assistants in providing ministry to your flock in this difficult area.

- 2) <u>Invite congregational prayer.</u> It's important to let your flock know that you and these leaders are praying and working together to provide ministries to teach and train your flock in regard to building a biblical sexual worldview ~ and also to provide solutions and healing for men and women who may be trapped in sexual bondage. Ask your flock to pray for you and your team. This is the first stage of "breaking the ice."
- 3) Start with Bible study. Although the younger generation is being eaten alive through Internet pornography, computer and cellular technologies, and a massively sexualized youth culture, the place to begin building a biblical sexual worldview is with your adults. At the **Family Legacy Institute** we have found that the most gentle and effective way to take this first step is through use of Bible study  $\sim$  whether in adult Sunday School classes or in home-study groups. We suggest you begin with our eight-week "Sexual World View Bible Study" series (see curriculum on pp. 15 16). We've taught this series in Sunday School classes in numerous churches of varying denominations, with both men and women present together. If you're nervous about teaching this material, relax. You don't need to teach it the material will teach itself. All you need to do is moderate as the group discusses the questions at end of each chapter.

If you wish to begin breaking the ice within your women's ministries only, you might choose our nine-week Bible study series written by women for women and titled, "Finding The Way in an

*Over-sexed Culture.*" Women have a lot invested in this subject, but often don't have the vehicle to discuss these issues. This Bible study provides such a vehicle, in a safe environment.

By providing solid Bible studies, you help break the ice of silence that usually surrounds anything having to do with sexuality in churches. The pastoral objective is to provide biblical answers to real issues, and to slowly and gently open the door to discussing these distasteful subjects which most nice church-folk would prefer to avoid.

# **Second Quarter**

After braking the ice, an important next step is to provide tools for parents with kids in the home. Today's teen culture is *unimaginably sexualized*. The Internet alone is a potential source of mind-bending debauchery, and kids know well how to access it. What they *don't* know, is the profound and irreversible damage it causes. So we encourage you to provide tools for parents.

- 1) <u>Have a parents-and-kids night</u> at church for all parents and kids in middle school through senior high. Show the DVD, "*The Rules Have Changed*." Then use the question-and-answer format that we provide (free). This will further open the dialogue regarding sexual issues in the church. Consider inviting the larger community to come for this parent-kid training evening. Make it a form of outreach as well as an evening of in-house ministry.
- 2) <u>Have a second parents-and-kids night</u> in which "*Raising Kids In A XXX Culture*" is presented. The script for this presentation is free we'll send it to you. Contact me at <u>splinter.john@gmail.com</u>. It's an eye-opener. As a form of ministry and outreach, invite the larger community to come for this parent-training evening.
- 3) Host a five-week parent-training course in which you study one chapter per week from our *Parenting 101* series at the **Family Legacy Institute** website (<a href="www.family-legacy-institute.com">www.family-legacy-institute.com</a>). The five chapters we recommend for this particular parent-training study are:
  - Having That Pesky Sex Talk With Your Kid
  - So Dad, Mom, Why Did God Create Sex?
  - Tips For Parent And Grandparents
  - How Far Can I Go?
  - Why Purity Works

Each of those chapters are packed full of information, resources and training. Any pastor or church leader can teach them ~ indeed, the material teaches itself. One way to process the material is to have each parent download the articles, read them one-per-week, and then just moderate a discussion about each chapter.

# **Third Quarter**

**Begin talking with the men of your church.** You'll notice we didn't start out with a focus on men. Most men struggle with sex ~ and almost no men are open with one another about their struggles. So break the ice first with Bible study and parenting focuses as outlined above. Then,

after sexual conversation has become normalized in your church, start talking specifically with men.

- 1) <u>Call a six-week men's breakfast for the men of the church.</u> Use one of the following studies written by Dr. Splinter for men each week. If even 50% of the men in your congregation are struggling with sexual addiction (it's likely that 70 85% are), then as their pastor you must help lead them toward God's wholeness. These studies for men will take you a long way in that direction. All studies are available at <a href="www.family-legacy-institute.com">www.family-legacy-institute.com</a> ~ click on *Just For Men* and scroll to selected title:
  - Mountain Climbing, Hydration and Habits
  - What It Means To Be A Man
  - It Takes A Man To Raise A Boy
  - Turning Character Fat Into Muscle
  - Manly Purity
  - Discipleship On Stilts
  - Why Loving A Picture Doesn't Work
  - Five Components of Porn Addiction
  - Emotional Triggers and Sexuality
  - The Road to Wholeness
  - Pornography: The Victimless Crime

Again, if you have the men download and read the articles in the week prior to your meetings, all you'll need to do is moderate the discussion. The material in each chapter will provide more than enough grist for discussion. After reading the articles yourself, you could easily come up with five or six questions that would lead the men through a discussion of the contents of each article.

- 2) Sponsor a parent-training evening, and lead a study of "*Having That Pesky Sex Talk With Your Kid.*" (Document available at <a href="www.family-legacy-institute.com">www.family-legacy-institute.com</a> ~ click on *Parenting 101* and scroll to article.)
- 3) Sponsor a special evening for dads with sons. Discuss some of the special challenges in today's culture as respects raising sons. Hand out copies of:
  - a) "What It Means To Be A Man" and
  - b) "It Takes A Man To Raise A Boy"

# **Fourth Quarter**

1) Preach a three-week series dealing with a biblical world view of sexuality. If you're concerned about the "children in the pew" issue, be reminded that 80% of primetime TV now presents "adult" sexual themes on a regular basis, that the American Psychological Association estimates that kids receive 14,000 sexualized messages per year, and that public schools regularly teach "sex education" in a manner that contains almost no emphasis upon chastity or morality. Kids are being regularly hit with this stuff. Just about the <u>only</u> place sex is not discussed is where it <u>ought</u> to be discussed, in the church. Remember, many kids are now becoming sexually active in late grade school, and by the time they leave middle school 21%

have had intercourse. Research finds there's almost no difference between church kids vs. non-church kids when it comes to sexual activity. Your flock needs your preaching on this subject!

A few sermon texts to consider (if your preaching calendar isn't already determined by your denomination) include:

- Genesis 2:24-25 husband and wife joining; naked and unashamed
- Judges 16 Samson & Delilah; Samson dying blind and imprisoned (great metaphor)
- II Sam. 11 & 12 story of David and Bathsheba
- Matthew 5:27-30 -- Christ's teaching about lust and adultery
- Luke 17:4 God's standard of forgiveness even for repetitive failure
- Romans 1:18-32 the progressive sexual destruction of culture
- Romans 6:11-14 using "parts of one's body" for sin
- Romans 6:16 the issue of slavery due to sexual sin
- 2) <u>Distribute "So Dad, Mom, Why Did God Create Sex?" to all dads in the church,</u> and challenge them to provide family leadership in discussing God's plan for sexuality in their families.
- 3) <u>Instruct your middle school and high school ministries to initiate a series dealing with chastity.</u> There are several Christian youth-oriented tools available on the web. Ask your youth director to review two or three of them, and come to you with a recommendation. Then, implement this training into your youth ministry. Consider that many kids are now becoming sexually active in late grade school, and by the time they leave middle school 21% have had intercourse. Research finds there's almost no difference between church kids vs. non-church kids when it comes to sexual activity.

# **Second Year**

- 1) Begin discussing hosting a men's purity conference in your church. Pull together eight or ten men who would be willing to help organize and run it. If you need help, we'll help you organize it, and if needed we'll help you find keynote speakers and workshop leaders as well.
- 2) Consider developing a women's purity conference. Pull together a few ladies who could help organize and run it. We'll help you if you need us, including recommending keynote speakers and workshop leaders.
- 3) Begin discussing the need for a "For Men Only" group, and also a "For Women Only" group, to provide a safe place where men and women can discuss these kinds of problems, receive encouragement, education and prayer and thereby, heal! James 5:16 says, "Confess your sins to each other and pray for each other so that you may be healed." We'll help you find curriculum if you need our help.
- **4)** Preach another three-week series dealing with biblical sexuality ~ and commit to doing this each year until you die or retire, for the sexual tsunami in our culture is not receding but growing!

# Biblical Sexual World View – Adult Study

# Curriculum

By Dr. John P. Splinter

Bible studies are usually the most effective way to begin educating your church regarding a biblical sexual world view. All of the following Bible studies and Extra Handouts are downloadable, at <a href="https://www.family-legacy-institute.com">www.family-legacy-institute.com</a>. The DVD, "The Rules Have Changed" is available through the Institute, for \$25.00 plus shipping.

Week#	Chapter	Description	<b>Extra Handouts</b>
Week One	"Raising Kids in a	A review of our XXX	"Having That Pesky
	XXX Culture"	culture, its impact	Sex Talk With Your
	Need answer sheets	upon our kids, and	<i>Kid</i> " ~ a "how to"
	for each participant	several tools for	piece for parents
		parents	
Week Two	"Pornography, A	A hard look at	"Tips for Parents" ~
	Cancer Killing Our	pornography and	re: protecting your
	Nation" Lesson for	God's wisdom in	children in this
	each participant.	regard to it.	cyber/internet age
Week Three	"The Christian	Christ's teaching	"So Mom, Dad, Why
	Mind" Lesson for	regarding what	<b>DID</b> God Create
	each participant.	happens in our minds,	Sex?" ~ a study of sex
		and how we are to	in the Bible
		handle it.	
Week Four	"Captive Thoughts	A study of Paul's	"Mountain Climbing,
	and Mind	teaching in 2 Cor.	Hydration, and
	Management"	10:5, regarding	<i>Habits</i> " ~ for men, re:
	Lesson for each	making our thoughts	developing godly
	participant.	submit to Christ.	habits
Week Five	"The Body of Christ	A study of biblical	"What It Means To
	and Homosexuality"	teaching pertaining to	<b>Be A Man"</b> ~ for dads
	Lesson for each	the dicey topic of	and sons
	participant.	homosexuality.	
Week Six	DVD, "The Rules	A DVD regarding the	"It Takes A Man To
	Have Changed"	geometric explosion	Raise A Boy" ~ for
	Need laptop plus	of STDs. A "must	dads and sons
	projector and screen.	see" for parents and	
		kids from junior high	
		and older.	
Week Seven	"Cohabitation and	A presentation of	"Getting To Know
	Marriage" Lesson for	research on	<i>You</i> " ~ 60 questions
	each participant.	cohabitation, plus	for dating couples
		biblical teaching.	

Week Eight	"The Legacies of	The anatomy of an	"Breaking Chains" ~
	Adultery and Grace"	affair, the stunning	for people hooked on
	Lesson for each	course of events in	porn
	participant.	one Bible story, and	
		the legacy of ripples	
		on the pond of life.	
Week Nine	"They Traffic	This chapter involves	"Discipleship On
	Children"	a study of the brutal	<i>Stilts</i> " ~ a study of
	Lesson for each	topic of child	what it means to be a
	participant.	trafficking in	disciple of Jesus
		America.	
Week Ten	"The Pursuit Of	The bottom line of	"Sex And Cell
	Holiness"	wholeness and healing	<b>Phones</b> " ~ an
	Lesson for each	is the desire, above all	excellent piece for
	participant.	else, to be like Christ.	parents whose kids
			have cell phones

# What We Bring To Churches

The **Family Legacy Institute** brings a lot of information and support to parents, pastors and churches. Much of what we bring has been mentioned in previous chapters above. Here's a full listing.

### **For Parents**

- Booklets specifically for parents:
  - o Having that Pesky Sex Talk With Your Kid ~ a how-to booklet for parents
  - o *Mom, Dad, why <u>Did</u> God Create Sex?* ~ provides solid biblical case for sex
  - o Tips for Parents ~ an invaluable tool helping parents protect their kids
  - Why Purity Works ~ Teaching parents how to teach kids about purity
  - o So How Far Can I Go? ~ Answers to the age-old question
- Two ways of protecting home and office computers from pornography:
  - o Covenant Eyes ~ for more information go to www.covenanteyes.com
  - o Safe Eyes ~ for more information go to <u>www.internetsafety.com</u>

# **For Dads With Sons**

- Parenting booklets
  - What it Means to Be a Man ~ a definition of manhood, for dads to teach sons
  - o It Takes a Man to Raise a Boy ~ to help dads talk with their sons about sex

# **DVD Regarding STDs**

• *The Rules Have Changed* – a *superb*, tastefully done DVD for kids and adults. Theme: Interviews with kids and medical doctors re: STDs ~ *all churches should use this* <u>DVD</u>. Available for \$25.00 plus shipping through **Family Legacy Institute**.

### **For Men**

Booklets especially for men:

- o Changing Character Fat Into Muscle
- o Mountain Climbing, Hydration, and Habits
- o Breaking Chains
- o Manly Purity
- o Discipleship on Stilts
- Why Loving A Picture Doesn't Work
- o The Spiritual Side of Sexual Struggle

### **For Women**

- *Nine-week Bible study series* ~ written by women, for women.
  - o Finding The Way In An Oversexed Culture

# For Those Needing Therapy

• We maintain a roster of carefully screened, highly trained Christian therapists. Contact us at 636-671-7118.

# For All Adults

- Booklets addressing adult issues:
  - o The Spiritual Side of Sexual Struggle
  - o Five Components of Porn Addiction
  - o Porn: The "Victimless Crime"
  - o Emotional Triggers and Sexuality
  - o The Social Costs of Pornography
  - o Loving the Homosexual

# **For Dating Couples**

- Booklets for people in love:
  - o **So You Think You're In Love** ~ what love is and isn't; how it works best
  - o Getting To Know You ~ questions to discuss when dating, before marrying

# A Pre-Marital Mentoring Program

• *Mentors Helping Couples Preparing To Take The Big Plunge* ~ a five week pre-marital preparation course for marring couples working with mature mentor couples (enhances pastoral counseling with each marrying couple)

# **About The Author**

Dr. John Splinter has been in ministry for over 35 years. After graduation from Bethel Seminary in St. Paul, MN, he initiated Young Life operations in Winnipeg, Canada. Five years later he was transferred to St. Louis where he ran Young Life operations for the next five years.

He served the Lord as an Associate Pastor at Central Presbyterian Church in St. Louis for 15 years, developing the largest ministry to single adults in the Midwest, ministering to 2,000 – 3,000 singles per year. His next church was Bethany Evangelical Free Church in La Crosse, WI, where as senior pastor the Lord used him to grow the church from 500 – 800. The Lord then used him to plant Point of Grace Community Church, also in La Crosse, WI. In 2008 he returned to the para-church world as St. Louis Executive Director for pureHOPE ministries, where he initiated this ministry in St. Louis and directed operations for  $3\frac{1}{2}$  years.

His post-graduate academic credentials include a Masters in Christian Education, a Masters in Counseling Psychology, and a Ph.D. in Marriage and Family Therapy.

He has published books with Zondervan, Baker Book, and Thomas Nelson. More recently, he has created the **Family Legacy Institute** which he now uses as a ministry tool to reach a far broader audience than would be possible within a single church or denomination.

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